

20210619 PeakSTRATAGEM ACC YYC AMP Mount Aberdeen

Course Details

Logistics

Course start: TBD Lake Louise upper parking lot.

Personal Clothing and Equipment

PeakSTRATAGEM recommends the following clothing:

- Fleece/Wool Hat (that can be worn under a helmet)
- Buff – optional (for cold and/or sun protection and/or COVID precautions)
- Synthetic/Wool Baselayer Shirt (like Icebreaker Oasis) Synthetic/Wool Midlayer Hoody (like BD Factor)
- Synthetic/Wool Baselayer Pant (like Icebreaker Oasis)
- Synthetic/Wool Socks (like Icebreaker Hike+ or Ski+ OTC)
- Softshell Jacket (like BD Dawn Patrol) and/or Hardshell Jacket weather (like BD Recon) weather dependent
- Softshell Pants (like BD Alpine Pant) and/or Hardshell Pants (like BD Recon) weather dependent
- Light Insulated Jacket (like BD First Light)
- Medium or Heavy Insulated Jacket (like BD Approach Hoody)
- Light Gloves (like BD Tour) Medium Gloves (like BD Glissade)

The following personal climbing gear is required:

- Daypack 45-55L (recommend BD Mission 55)*
- Helmet (like Petzl Sirocco)* Harness (like Petzl Altitude or Tour)*
- Mountaineering Boots (recommend Scarpa Mont Blanc GTX or La Sportiva Nepal Evo)**
- Crampons (recommend BD Snaggletooth)* Collapsible Pole (recommend BD Expedition 3)
- Transceiver w batteries for a single day Shovel (like IceRock RAY Pro)* 320cm Probe (like BD Quickdraw 320)*
- Mountaineering Ice Axe (like IceRock Idol)* Assisted Braking Belay Device (like BD ATC Guide)*
- Auto Locking Carabiner w captive eye (recommend Grivel Clepsydra S)
- Anchor Sling (recommend BD 10mm Dynex 120cm) w 2 non-locking (recommend Petzl Ange S or L)*
- 2x locking carabiners (recommend Petzl Attache 3D)* Ice Screw (recommend BD Express 22cm)
- V Thread Tool (recommend Glacier Plastics Abalakov Hooker)*
- 2x 5m x10kN accessory cord (recommend BD 6.0 Static Cord)*
- 1x 2m x10 kN accessory cord or Sterling Hollowblock 13.5”(recommend BD 6.0 Static Cord)*
- Knife on a carabiner (recommend Petzl Spatha and Ange S)* Emergency Sleeping Bag
- First Aid Kit (recommend capability of dealing w minor bleeds, blisters, athletic tape)
- Siltarp – optional (recommend RAB Guides Siltarp 2 or Siltarp1 depending on group size)
- Fieldbook w pencil* (recommend RiteintheRain Level No 311FX, YE99)
- Headlamp (recommend Petzl Reactik +)*
- Water Bottle (recommend 1x wide mouth Nalgene and Thermos)
- Camera – optional GPS or Smartphone w mapping app
- Compass (recommend Silva Expedition S)

*These items can be coordinated through PeakSTRATAGEM.

**Boots can be rented in Calgary or Canmore.

Please contact us in advance if you do not have your own and need to rent or purchase.



PeakSTRATAGEM

PeakStratagem.com
info@peakstratagem.com