

PeakSTRATAGEM AST – Avalanche Skills Training 2, 19-23 January 2022[©]

Course Details

Logistics

Course start: 0930h PST 19 January 2022 at Kootenay Valley Helicopter.

Course end: 1600h PST 23 January 2022 Kootenay Pass (or wherever we decide to ski).

Personal Clothing and Equipment

PeakSTRATAGEM recommends the following clothing:

- Fleece/Wool Hat (that can be worn under a helmet)
- Buff – optional (for cold and/or sun protection)
- Synthetic/Wool Baselayer Shirt (like Icebreaker Oasis) Synthetic/Wool Midlayer Hoody (like BD Factor)
- Synthetic/Wool Baselayer Pant (like Icebreaker Oasis)
- Synthetic/Wool Socks (like Icebreaker Hike+ or Ski+ OTC)
- Softshell Jacket (like BD Dawn Patrol) and Hardshell Jacket weather (like BD Recon)
- Hardshell Pants (like BD Recon)
- Light Insulated Jacket (like BD First Light)
- Medium or Heavy Insulated Jacket (like BD Belay) Insulated Pants – optional (like BD Stance)
- Light Gloves (like BD Tour) Medium Gloves (like BD Glissade)
- Heavy Gloves or Mitts (like BD Guide or Mercury)

PeakSTRATAGEM recommends bringing the following resource material that you should have received on your AST1: Avalanche Skills Training Handbook, Floyer/Robine, Avaluator 2.0

The following personal backcountry gear is required:

- Daypack 35-45L (recommend BD Mission 35)*
- Helmet (if skiing/splitboarding)
- Skis/splitboard w touring bindings (like G3 Ions) touring boots poles skins ski strap scraper skin wax**
- Transceiver w fresh batteries, Shovel, Probe**
- Fieldbook and pen or pencil (recommend RiteintheRain Levels no 311, YE99, 93B, PeakSTRATAGEM cover)*
- Optional: Snowscreen Thermometer (recommend Weksler Armoured Thermometer)
- Optional: Saw (recommend Stihl 33cm pruning saw)
- Sunglasses Goggles Sunscreen Thermos or Water Bottle w insulated sleeve
- Headlamp Small first aid kit with blister kit
- Optional: Camera GPS and/or Smartphone inReach

- Hut clothing Hut booties Bathing suit

*These items can be coordinated through PeakSTRATAGEM.

** These items are available in Calgary or Canmore for rent.

Please contact us in advance if you do not have your own.



PeakSTRATAGEM

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