

PeakSTRATAGEM – AMP Bugaboos 6-9 August 2020

Course Details

Logistics

Course start: 0700h MDT, 2 Mt McGillivray Drive, Exshaw, Alberta. (The grey house on the corner of McGillivray and Heart Mountain Drives.)

Course end: NLT 1500h Bugaboos, BC.

Personal Clothing and Equipment

PeakSTRATAGEM recommends the following clothing:

- Fleece/Wool Hat (that can be worn under a helmet)
- Buff – optional (for cold and/or sun protection)
- Synthetic/Wool Baselayer Shirt (like Icebreaker Oasis) Synthetic/Wool Midlayer Hoody (like OR Deviator)
- Synthetic/Wool Baselayer Pant (like Icebreaker Oasis) Extra underwear - optional
- Synthetic/Wool Socks (like Icebreaker Hike or Ski+ OTC) Extra socks - optional
- Softshell Jacket (like OR Ferrosi) and Hardshell Jacket weather (like OR Realm)
- Softshell Jacket (like OR Ferrosi) and Hardshell Pants (like OR Helium) Gators - optional
- Medium or Heavy Insulated Jacket (like OR Refuge or Illuminate)
- Insulated Pants – optional (like BD Stance) Camp Booties, light running shoes or similar for the hut
- Light Insulated Gloves (like OR Stormtracker) Insulated Medium Gloves (like OR Meteor)

The following personal climbing gear is required:

- Multiday Pack 55L (recommend BD Mission 55)* Day Pack 20L (recommend BD Speed 22) - optional
- Helmet (like Petzl Sirocco)* Harness (like Petzl Altitude or Tour)*
- Light Mountaineering Boots (recommend the Scarpa Charmoz)**
- Light Crampons (recommend Petzl Snowtiger)* Collapsible Pole (recommend BD Expedition 3 or Distance)
- Mountaineering Ice Axe (like IceRock Idol)* Assisted Braking Belay Device (like BD ATC Guide)*
- Belay/Rappel Gloves (like Petzl Cordex)*
- Auto Locking Carabiner w captive eye (recommend BD Gridlock Magnetron)
- Anchor Sling (recommend BD 10mm Dynex 120cm) w 2 non-locking (recommend Petzl Ange S or L)*
- 3x locking carabiners (recommend Petzl Attache or Williams)* Ice Screw (recommend BD Express 22cm)
- V Thread Tool (recommend Glacier Plastics Abalakov Hooker)*
- 2x 5m x10kN accessory cord (recommend BD 6.0 Static Cord)*
- 1x 2m x10 kN accessory cord or Sterling Hollowblock 13.5”(recommend BD 6.0 Static Cord)*
- Knife on a carabiner (recommend Petzl Spatha and Ange S)*
- Fieldbook w pencil (recommend RiteintheRain Level No 311FX, YE99)*
- First Aid Kit (recommend capability of dealing w minor bleeds, blisters, athletic tape)
- Siltarp – optional (recommend RAB Guides Siltarp 2 or Siltarp1 depending on group size)
- SOL Emergency Sleeping Bag Sunglasses Sunscreen
- Water Bottle (ability to carry 2L water)
- Sleeping Bag 0C (depending on how cold you sleep) Sleeping Pad Camp Pillow – optional
- Lighter Headlamp (recommend Petzl Reactik +)* Battery Backup
- Camera – optional GPS or Smartphone w mapping app
- Compass (recommend Silva Expedition S)*
- Map of the Bugaboos*

Group Gear – 2 rope teams of 3

2x Rack #0.1-3 C4 #4-13 Stoppers, 10-12 QDs/ADs per team*

3x 60m single ropes for 3 rope teams

Stoves, Pots, Tents

*These items can be coordinated through PeakSTRATAGEM.

**Boots can be rented in Calgary or Canmore.

Please contact us in advance if you do not have your own and need to rent or purchase.



PeakSTRATAGEM

PeakStratagem.com
info@peakstratagem.com