

## YYC AMP PeakSTRATAGEM R1/2 Indoor Outdoor Transition 27 June 2020

### Course Details

#### Logistics

Course start: 0800h MDT 27 June 2020, PeakSTRATAGEM HQ, 2 Mount McGillivray Drive, Exshaw, Alberta.  
Course end: NLT 1630h MDT 27 June 2020, Baymag Plant #2 rear parking lot.

#### Personal Clothing and Equipment

PeakSTRATAGEM recommends the following clothing:

- Fleece/Wool Hat (that can be worn under a helmet)
- Buff – optional (for cold and/or sun protection)
- Synthetic/Wool Baselayer Shirt (like Icebreaker Oasis)  Synthetic/Wool Midlayer Hoody (like OR Deviator)
- Synthetic/Wool Baselayer Pant (like Icebreaker Oasis) optional based on weather
- Synthetic/Wool Socks (like Icebreaker Hike or Ski+ OTC)
- Softshell Jacket (like OR Ferrosi) and/or  Hardshell Jacket (like OR Realm) based on weather
- Softshell Jacket (like OR Ferrosi) and/or  Hardshell Pants (like OR Helium) based on weather
- Light, Medium or Heavy Insulated Jacket – optional (like OR Refuge or Illuminate) based on weather

The following personal climbing gear is required:

- Daypack 35-45L (recommend BD Speed 40)\*
- Helmet (recommend Petzl Sirocco)\*  Harness (recommend Petzl Hirundo)\*
- Light Mountaineering Boots or Approach Shoes  Climbing Shoes  Chalkbag - optional
- Collapsible Pole (recommend BD Expedition 3 or BD Distance)\* - optional
- Assisted Braking Belay Device (recommend BD ATC Guide)\*  Belay Gloves (recommend Petzl Cordex)\*
- Locking Carabiner w captive eye (recommend BD ATC Guide and BD Gridlock)\*
- Anchor Sling (recommend BD 10mm Dynex 120cm) w 2 non-locking (recommend Petzl Ange S)\*
- 3x locking carabiners (recommend Petzl Attache 3D or Williams)\*
- 2x 5m x10kN accessory cord (recommend BD 6.0 Static Cord)\* - optional for cragging
- 1x 2m x10 kN accessory cord or Sterling Hollowblock 13.5”(recommend BD 6.0 Static Cord)\*
- 3x quickdraw (recommend Petzl Finesse or BD Positron)
- 3x alpine draw (recommend 2x Petzl Ange S and BD 10mm Dyex 60cm)
- Knife on a carabiner (recommend Petzl Spatha and Ange S)\* - optional
- First Aid Kit (recommend capability of dealing w minor bleeds, blisters, athletic tape)
- Siltarp – optional (recommend RAB Guides Siltarp 2 or Siltarp1 depending on group size)
- Emergency Sleeping Bag  Sunglasses  Sunscreen
- Water Bottle (recommend 1x wide mouth Nalgene)
- Headlamp – optional (recommend Petzl Reactik+)\*
- Camera – optional

\*These items can be coordinated through PeakSTRATAGEM.  
Please contact us in advance if you do not have your own and need to rent or purchase.



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