## PeakSTRATAGEM AMP 2 Peyto Hut 5-8 March 2020

## **Itinerary:**

Day 1: Meet at 0700h at HI Lake Louise Alpine Centre. Travel to Peyto Lake parking and ski in to Peyto Hut.

Afternoon crevasse rescue toolbox for ski mountaineering. Evening planning session.

Day 2: Ski objectives to include Rhondda, Habel, Barrel and/or Trapper.

Day 3: Ski objective if conditions allow before returning to vehicles NLT 1500h MST.

## **Personal Clothing and Equipment**

PeakSTRATAGEM recommends the following clothing:

Fleece/Wool Hat (that can be worn under a helmet) Buff – optional (for cold and/or sun protection)

Synthetic/Wool Baselayer Shirt (like Icebreaker Oasis) Synthetic/Wool Midlayer Hoody (like BD Factor)

Synthetic/Wool Baselayer Pant (like Icebreaker Oasis) Synthetic/Wool Socks (like Icebreaker Hike+ or Ski+ OTC)

Softshell Jacket (like BD Dawn Patrol) and Hardshell Jacket weather (like BD Recon)

Hardshell Pants (like BD Recon) Light Insulated Jacket (like BD First Light)

Medium or Heavy Insulated Jacket (like BD Belay) Insulated Pants – optional (like BD Stance)

Light Gloves (like BD Tour) Medium Gloves (like BD Glissade)

Heavy Gloves or Mitts (like BD Guide or Mercury)

The following personal backcountry gear is required:

Multi-day Pack 55L (recommend BD Mission 55)\*

Helmet Sunglasses Goggles

Skis/splitboard w touring bindings(like G3 Ions) touring boots poles skins ski strap scraper

Skin wax\*\* ski crampons (to fit your bindings)

Transceiver w sufficient batteries, Shovel, Probe\*\*

Mountaineering crampons (recommend BD Neve or Petzl Leopard)\*

Ice Axe (recommend IceRock IDOL)\*

Mountaineering Harness (recommend Petzl Tour)\*

Triple Action Captive Eye Locking Carabiner (recommend Grivel Clepsydra S or BD Magnetron Gridlock)\*

2x Lock Carabiner (recommend Petzl Attache 3D or Williams)\*

120cm sewn dyneema sling w 2 non-lockers (recommend Ange S carabiners)\*

Ice screw minimum 13cm (recommend BD Express)\*

2x 5m accessory cord (10kN minimum)\* 2m accessory cord (10kN minimum) or Sterling Hollowblock\*

Petzl Microtraction optional\* Petzl Tibloc optional\*

Fieldbook and pen or pencil (recommend RiteintheRain Levels no 311, YE99, 93B, PeakSTRATAGEM cover)\*

Wapta Icefield Map (Klassen)\* Compass (recommend Silva Expedition S)\*

Sunscreen Thermos or Water Bottle w insulated sleeve

Headlamp w red light option\* Small first aid kit including minor bleeds and blister kit

**Avaluator Card** 

Optional: Camera GPS and/or Smartphone inReach

Hut clothing Hut booties

Sleeping bag -5C or warmer Inflatable pillow optional

If you choose the PeakEATS food program (highly recommended for giving you the most time to spend learning during morning and evening sessions) please ensure you bring the following:

Breakfast

Lunch and snacks for 3 days of active backcountry travel

Favourite beverages (tea, coffee, energy drink, beer, wine, liquor)

\*These items can be coordinated through PeakSTRATAGEM.

\*\* These items are available in Calgary or Canmore for rent.

