

PeakSTRATAGEM Crevasse Rescue 29 February 2020

Itinerary:

Day 1: Meet at 0730h MST at Royal Canadian Legion #3, 834 7 Street, Canmore, Alberta. Travel to practice location near Engadine Lodge. Depart practice location NLT 1500h MST.

Personal Clothing and Equipment

PeakSTRATAGEM recommends the following clothing:

- Fleece/Wool Hat (that can be worn under a helmet) Buff – optional (for cold and/or sun protection)
- Synthetic/Wool Baselayer Shirt (like Icebreaker Oasis) Synthetic/Wool Midlayer Hoody (like BD Factor)
- Synthetic/Wool Baselayer Pant (like Icebreaker Oasis) Synthetic/Wool Socks (like Icebreaker Hike+ or Ski+ OTC)
- Softshell Jacket (like BD Dawn Patrol) and Hardshell Jacket weather (like BD Recon)
- Hardshell Pants (like BD Recon) Light Insulated Jacket (like BD First Light)
- Medium or Heavy Insulated Jacket (like BD Belay) Insulated Pants – optional (like BD Stance)
- Light Gloves (like BD Tour) Medium Gloves (like BD Glissade)
- Heavy Gloves or Mitts (like BD Guide or Mercury)

The following personal backcountry gear is required:

- Day Pack 35L (recommend BD Mission 35)*
 - Helmet Sunglasses Goggles
 - Skis/splitboard w touring bindings (like G3 Ions) touring boots poles skins ski strap scraper
 - Skin wax** ski crampons (to fit your bindings)
 - Mountaineering crampons (recommend BD Neve or Petzl Leopard)*
 - Ice Axe (recommend IceRock IDOL)*
 - Mountaineering Harness (recommend Petzl Tour)*
 - Triple Action Captive Eye Locking Carabiner (recommend Grivel Clepsydra S or BD Magnetron Gridlock)*
 - 2x Lock Carabiner (recommend Petzl Attache 3D or Williams)*
 - 120cm sewn dyneema sling w 2 non-lockers (recommend Ange S carabiners)*
 - Ice screw minimum 13cm (recommend BD Express)*
 - 2x 5m accessory cord (10kN minimum)* 2m accessory cord (10kN minimum) or Sterling Hollowblock*
 - Petzl Microtraction optional* Petzl Tibloc optional*
 - Fieldbook and pen or pencil (recommend RiteintheRain Levels no 311, YE99, 93B, PeakSTRATAGEM cover)*
 - Sunscreen Thermos or Water Bottle w insulated sleeve
 - Headlamp w red light option* Small first aid kit including minor bleeds and blister kit
- Optional: Camera GPS and/or Smartphone inReach
- Food, snacks, and liquids for 8h of strenuous activity. Yes! Crevasse rescue is strenuous.

ACC Trip Leader to coordinate providing 6x 60m single ropes.

*These items can be coordinated through PeakSTRATAGEM.

** These items are available in Calgary or Canmore for rent.



PeakSTRATAGEM

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