



VALKYR ADVENTURES



Backcountry lodge ✧ Ski Touring ✧ Alpine Hiking

HILDA HUT ORIENTATION

Welcome to Hilda Hut! This will be your home for the next week and we want to familiarize you with the lodge. We ask that you observe all our guidelines to minimize risk of accidents or damage to the lodge.

SKI RACKS – are located on the front porch

DRYING ROOM – Hang your coats on hooks or hanger, skins on hanger or on the edge of the racks, boot liners can go on the racks and boot shells on the floor.

STOVES – The lodge staff will look after the stoves. Don't throw any garbage in the stoves. Don't throw water on the stove or the glass door. Watch your technical clothing around the stove.

1ST FLOOR BATHROOM – the bathroom functions as per usual. The toilets are 4 L flush so hold the handle down until everything disappears. Flush every time, toilet paper goes in the toilet, nothing else! We have a septic tank and drainage field. The hot water is made using a tankless propane heater. To use the shower, turn the dial to '9o'clock' or 10o'clock' then get undressed as it takes a minute or so for the hot water to reach the shower. Don't turn the shower off while you are soaping up as this will cause a cold cycle.

3RD FLOOR BATHROOM – Same as usual only no shower.

BEDROOMS – Bedrooms are not usually assigned so take your pick. We will distribute the sheets, but guests are expected to make their bed. Brown sheets go on the double beds and the yellow sheets go on the top bunk. Please use the fitted sheet, duvet cover and pillow case. The flat sheet is optional. We'll also give you a towel and washcloth for the week. Please keep track of your towel as this is the only one you will get. The bedrooms are insulated so if you want your room colder, shut your door and open the window a bit. Do not leave your door open if the window is open.

EMERGENCY EXITS – There is one door on the ground floor, 2 doors on the 2nd floor and 1 exit on the 3rd floor. There are smoke alarms on each floor as well as fire extinguishers.

INTERNET ACCESS – Hilda Hut has a satellite internet connection. The data is limited and overage data is very expensive. We have had issues of overconsumption by guests and as a result Wi-Fi will no longer be available. A laptop is available for guests to use. The fee scale varies from \$10 a week and up depending on usage.

KITCHEN – The kitchen is equipped with a 4-burner propane stove and oven and 18 cu.ft. fridge. Always observe food safe practices in and around the kitchen and food service areas. Make sure you turn off all the burners and the oven when you are finished using them. When using the side burners use the BBQ lighter to ignite. Reduce the flame so that it is not licking up around the bottom of the pot or kettle. Use the BBQ lighter to lite the burners on the cook stove.



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DISH DUTY – Self-catered guests must take care of all the dish duty during their trip. For catered trips the cook will take care of the daytime dish duty. The custodian will pre-rinse the evening dishes and set up the sinks and the guests are expected to team up and help with evening dish duty once during their trip.

FILTERED DRINKING WATER - We have a 3-stage filter system for drinking water. The small arched tap at the bar sink is to be used to fill water bottles and pitchers. If it starts running really slow let the custodian know and it will get cleaned. The staff will try and keep pitchers of water available for ready use.

SELF-CATERED FOOD STORAGE - There is a cold food storage room on the ground floor which has an 18 cubic foot electric fridge and a 6cf electric deep freeze. Self-catered groups can store perishable groceries in the fridge and freezer but please note that the Valkyr catering program may also store food in both of these locations. As well, we store our supplies on the shelves and in Rubbermaid tubs in the food room. Please respect what is yours and what is not. If you run short of an item ask the management if you can purchase supplies from Hilda Hut.

We strive to keep this room at about 5 C. and so it is a good ambient temperature to store fruits, vegetables, dry goods etc. just in their shipping boxes. Do not put food outside on the porches or in the snow as this could create a problem with the wildlife.

POWER SUPPLY – We generate power using a micro-hydro system which generates a continuous 300 Watts. The unused power is stored in a battery bank. This is sufficient for all our equipment and lights plus charging radios and phones, but will not tolerate any heat generating appliances. Ask us if you want to bring any appliance other than your phones, radios or other devices.

PUBLIC HEALTH – We ask that our guests use best practices with personal hygiene while at the lodge. Wash hands after bathroom duty, after blowing your nose and before handling food. Be vigilant prior to your trip and while in transit to our lodge. It's never fun to get sick on a trip and the normal first reaction is to deny it's happening. We ask that if you are feeling ill please let the staff and other guests know so that they can take extra precautions to avoid the spread of disease. Those who have a cough or cold should make an effort to keep from spreading it by covering when coughing or sneezing, using hand sanitizer frequently, use utensils when handling common food such as apples and lunch makings. Folks who are sick are excused from dish duty (must exhibit some signs of an illness! – no faking to skip dish duty!) Anyone who is running a fever, vomiting or has diarrhea will be isolated from the other guests to prevent spreading it. The staff will begin an enhanced sanitization program of the lodge and everyone will be asked to be extra vigilant with hand washing. Labeling your glass or cup can help prevent picking up a germ.

SAUNA – There is a change room and shower over at the sauna. If the benches are too hot use snow to cool them down. Don't throw water on the stove or the stove door. We keep a pot of water on the stove to make steam. Advise staff if the sauna needs attention.

PEE TREE – To keep the yellow snow confined to one spot we ask the guys to only use the pee tree between the lodge and sauna when you are outside. Absolutely no peeing off the porches!

NO SMOKING in the lodge. You can smoke out on the porch but please use a can for your butts.

SNOW PITS – ask the custodian where to locate your snow study pits or beacon searches. Don't use the area where the water lines or the drainage field is located

LODGE WX PLOT - only the guides and custodian can enter this roped off area.



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ZERO TOLERANCE FOR LITTER both around the lodge and in the terrain. Please bring your lunch wrappers and leftover food back to the lodge and dispose of it appropriately.

WILDLIFE PROTOCOL– We operate under a code of conduct and adhere to guidelines covered in Wildlife Guidelines for Backcountry Tourism/Commercial Recreation in British Columbia. In general, skiers are expected to respect the indigenous wildlife and not cause the animals undue stress. Of special note is that wolverine are a blue listed species in our region and are to be given total respect. Do not approach, disturb or follow. If sighted, choose to go in a different direction than the animal. Please let us know if you see them or their tracks.

EXCHANGE DAY PROTOCOL – Exchange days are always hectic! We have a system of flagging inbound and outbound gear and luggage. We ask our guests to flag their gear appropriately inbound at staging and outbound at the lodge. Follow directions of staff as to where to put your gear. Please do not pick up any bags unless you are directed to do so.

When you arrive, we hope that you find the lodge in a pristine condition. On exchange day guests will be expected to help with household chores to restore the lodge back to a pristine condition. Many hands make light work!

There will be no skiing on exchange day, regardless of delayed flights out.

IF YOU HAVE ANY QUESTIONS PLEASE ASK YOUR STAFF

WE HOPE YOU ENJOY YOUR STAY AT HILDA HUT!

THANK YOU FOR BOOKING WITH VALKYR ADVENTURES,

CHEERS, MARTIN & SHELLY



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