## PeakSTRATAGEM AMP2/3 Multipitch Techniques, 29 and 30 June 2019

#### **Course Details**

#### Logistics

Course start: 0700h MDT 29 June 2019, PeakSTRATAGEM HQ, 2 Mount McGillivary Drive, Exshaw, Alberta. Course start: 0630h MDT 30 June 2019, PeakSTRATAGEM HQ, 2 Mount McGillivary Drive, Exshaw, Alberta. Course end: TBD.

### **Personal Clothing and Equipment**

PeakSTRATAGEM recommends the following clothing:

Fleece/Wool Hat (that can be worn under a helmet)

Buff – optional (for cold and/or sun protection)

Synthetic/Wool Baselayer Shirt (like Icebreaker Oasis) Synthetic/Wool Midlayer Hoody (like OR Deviator)

Synthetic/Wool Baselayer Pant (like Icebreaker Oasis) optional based on weather

Synthetic/Wool Socks (like Icebreaker Hike or Ski+ OTC)

Softshell Jacket (like OR Ferrosi) and/or Hardshell Jacket (like OR Realm) based on weather

Softshell Jacket (like OR Ferrosi) and/or Hardshell Pants (like OR Helium) based on weather

Light, Medium or Heavy Insulated Jacket (like OR Refuge or Illuminate) based on weather

# The following personal climbing gear is required:

Daypack 20-30L (recommend BD Speed 22)\*

Helmet (recommend Petzl Sirocco)\* Harness (recommend Petzl Altitude or Tour)\*

Approach Shoes Climbing Shoes

Collapsible Pole (recommend BD Expedition 3)\*

Assisted Braking Belay Device (recommend BD ATC Guide)\* Belay Gloves (recommend Petzl Cordex)\*

Auto Locking Carabiner w captive eye (recommend BD Gridlock Magnetron)\*

Anchor Sling (recommend BD 10mm Dynex 120cm) w 2 non-locking (recommend Petzl Ange S)\*

3x locking carabiners (recommend Petzl Attache 3D)\*

2x 5m x10kN accessory cord (recommend BD 6.0 Static Cord)\*

1x 2m x10 kN accessory cord or Sterling Hollowblock 13.5"(recommend BD 6.0 Static Cord)\*

3x quickdraw (recommend Petzl Finesse) 3x alpine draw (recommend 2x Petzl Ange S and BD 10mm Dyex 60cm)

For Mother's Day Buttress Trad Rack 1 set stoppers 4-13, BD C4s .1-3 – or equivalent (not required for Rundlehorn).

Knife on a carabiner (recommend Spyderco Ladybug H1 and Ange S)\*

First Aid Kit (recommend capability of dealing w minor bleeds, blisters, athletic tape)

Siltarp – optional (recommend RAB Siltarp1)

SOL Emergency Sleeping Bag Sunglasses Sunscreen

Fieldbook w pencil\* (recommend RiteintheRain Level No 311FX, YE99)

Water Bottle (recommend 1x wide mouth Nalgene)

Headlamp (recommend Petzl Reactik +)\*

Camera – optional

### Group Gear

Trip Leader to provide 2x 60m single rope.

\*These items can be coordinated through PeakSTRATAGEM. Please contact us in advance if you do not have your own and need to rent or purchase.



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