PeakSTRATAGEM AMP1 Intro to Trad, 16 June 2019

Course Details

Logistics

Course start: 0800h MDT 16 June 2019, PeakSTRATAGEM HQ, 2 Mount McGillivary Drive, Exshaw, Alberta. Course end: NLT 1630h MDT 16 June 2019, Grotto parking lot.

Personal Clothing and Equipment

PeakSTRATAGEM recommends the following clothing: Fleece/Wool Hat (that can be worn under a helmet) Buff – optional (for cold and/or sun protection) Synthetic/Wool Baselayer Shirt (like Icebreaker Oasis) Synthetic/Wool Midlayer Hoody (like OR Deviator) Synthetic/Wool Baselayer Pant (like Icebreaker Oasis) optional based on weather Synthetic/Wool Socks (like Icebreaker Hike or Ski+ OTC) Softshell Jacket (like OR Ferrosi) and/or Hardshell Jacket (like OR Realm) based on weather Softshell Jacket (like OR Ferrosi) and/or Hardshell Pants (like OR Helium) based on weather Light, Medium or Heavy Insulated Jacket (like OR Refuge or Illuminate) based on weather Wind Shirt (like OR Tantrum) optional based on weather The following personal climbing gear is required: Daypack 35-45L (recommend BD Speed 40)* Helmet (recommend Petzl Sirocco)* Harness (recommend Petzl Altitude or Tour)* Light Mountaineering Boots or Approach Shoes Climbing Shoes Collapsible Pole (recommend BD Expedition 3)* Assisted Braking Belay Device (recommend BD ATC Guide)* Belay Gloves (recommend Petzl Cordex)* Auto Locking Carabiner w captive eye (recommend BD Gridlock Magnetron)* Anchor Sling (recommend BD 10mm Dynex 120cm) w 2 non-locking (recommend Petzl Ange S)* 3x locking carabiners (recommend Petzl Attache 3D)* 2x 5m x10kN accessory cord (recommend BD 6.0 Static Cord)* 1x 2m x10 kN accessory cord or Sterling Hollowblock 13.5" (recommend BD 6.0 Static Cord)* 3x quickdraw (recommend Petzl Finesse) 3x alpine draw (recommend 2x Petzl Ange S and BD 10mm Dyex 60cm) Trad Rack (recommend BD Stoppers 4-13, BD X4s .1-.2, BD C4s .3-3, BD Wiregate Nut Tool, BD Gear Sling)* Knife on a carabiner (recommend Spyderco Ladybug H1 and Ange S)* First Aid Kit (recommend capability of dealing w minor bleeds, blisters, athletic tape) Siltarp – optional (recommend RAB Guides Siltarp 2 or Siltarp1 depending on group size) SOL Emergency Sleeping Bag Sunglasses Sunscreen Water Bottle (recommend 1x wide mouth Nalgene) Headlamp (recommend Petzl Reactik +)* Fieldbook w pencil* (recommend RiteintheRain Level No 311FX, YE99) Camera - optional *

Group Gear Trip Leader to provide 1x 60m single rope and tarp for each 2 person climbing team.

*These items can be coordinated through PeakSTRATAGEM. Please contact us in advance if you do not have your own and need to rent or purchase.





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