

PeakSTRATAGEM AMP1 Intro to Outdoor Rock, 8 June 2019

Course Details

Logistics

Course start: 0800h MDT 8 June 2019, PeakSTRATAGEM HQ, 2 Mount McGillivray Drive, Exshaw, Alberta.
Course end: NLT 1630h MDT 8 June 2019, Grotto or Kid Goat parking lot.

Personal Clothing and Equipment

PeakSTRATAGEM recommends the following clothing:

- Fleece/Wool Hat (that can be worn under a helmet)
- Buff – optional (for cold and/or sun protection)
- Synthetic/Wool Baselayer Shirt (like Icebreaker Oasis) Synthetic/Wool Midlayer Hoody (like OR Deviator)
- Synthetic/Wool Baselayer Pant (like Icebreaker Oasis) optional based on weather
- Synthetic/Wool Socks (like Icebreaker Hike or Ski+ OTC)
- Softshell Jacket (like OR Ferrosi) and/or Hardshell Jacket (like OR Realm) based on weather
- Softshell Jacket (like OR Ferrosi) and/or Hardshell Pants (like OR Helium) based on weather
- Light, Medium or Heavy Insulated Jacket (like OR Refuge or Illuminate) based on weather

The following personal climbing gear is required:

- Daypack 35-45L (recommend BD Speed 40)*
- Helmet (recommend Petzl Sirocco)* Harness (recommend Petzl Altitude or Tour)*
- Light Mountaineering Boots or Approach Shoes Climbing Shoes
- Collapsible Pole (recommend BD Expedition 3)*
- Assisted Braking Belay Device (recommend BD ATC Guide)* Belay Gloves (recommend Petzl Cordex)*
- Auto Locking Carabiner w captive eye (recommend BD Gridlock Magnetron)*
- Anchor Sling (recommend BD 10mm Dynex 120cm) w 2 non-locking (recommend Petzl Ange S)*
- 3x locking carabiners (recommend Petzl Attache 3D)*
- 2x 5m x10kN accessory cord (recommend BD 6.0 Static Cord)*
- 1x 2m x10 kN accessory cord or Sterling Hollowblock 13.5”(recommend BD 6.0 Static Cord)*
- 3x quickdraw (recommend Petzl Finesse) 3x alpine draw (recommend 2x Petzl Ange S and BD 10mm Dyex 60cm)
- Knife on a carabiner (recommend Spyderco Ladybug H1 and Ange S)*
- First Aid Kit (recommend capability of dealing w minor bleeds, blisters, athletic tape)
- Siltarp – optional (recommend RAB Guides Siltarp 2 or Siltarp1 depending on group size)
- SOL Emergency Sleeping Bag Sunglasses Sunscreen
- Water Bottle (recommend 1x wide mouth Nalgene)
- Headlamp (recommend Petzl Reactik +)*
- Camera – optional

Group Gear

Trip Leader to provide 1x 30m single rope and tarp for each 2 person climbing team.

*These items can be coordinated through PeakSTRATAGEM.
Please contact us in advance if you do not have your own and need to rent or purchase.



PeakSTRATAGEM

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