

PeakSTRATAGEM ACC Calgary Section AMP3 Freshfields 3-8 May 2019

Personal Clothing and Equipment

PeakSTRATAGEM recommends the following clothing:

- Fleece/Wool Hat (that can be worn under a helmet)
- Buff – optional (for cold and/or sun protection)
- Synthetic/Wool Baselayer Shirt (like Icebreaker Oasis) Synthetic/Wool Midlayer Hoody (like OR Deviator)
- Synthetic/Wool Baselayer Pant (like Icebreaker Oasis)
- Synthetic/Wool Socks (like Icebreaker Ski+ OTC)
- Softshell Jacket (like OR Ferrosi) and Hardshell Jacket weather (like OR Realm)
- Hardshell Pants (like OR Helium)
- Medium or Heavy Insulated Jacket (like OR Refuge or Illuminate)
- Insulated Pants (like BD Stance) Camp Booties or Winter Boots
- Light Gloves (like OR Stormtracker) Medium Gloves (like OR Meteor)

The following personal climbing gear is required:

- Daypack 45-55L (like Osprey Kamber 42)
- Helmet (like Petzl Sirocco)* Harness (like Petzl Altitude or Tour)*
- Skis/Splitboard w touring bindings (like G3 Ions) Touring Boots Collapsible Poles
- Skins Ski Crampons Repair Kit 2x Ski Strap
- Beacon w fresh batteries Shovel (like IceRock RAY Pro)* 320cm Probe (like BD Quickdraw 320)*
- Mountaineering Ice Axe (like IceRock Idol)*
- Assisted Braking Belay Device (like BD ATC Guide)*
- Auto Locking Carabiner w captive eye (recommend Grivel Clepsydra S)
- Anchor Sling (recommend BD 10mm Dynex 120cm) w 2 non-locking (recommend Petzl Ange S or L)*
- 2x locking carabiners (recommend Petzl Attache 3D)* Ice Screw (recommend Petzl Laser 13cm)
- 2x 5m x10kN accessory cord (recommend BD 6.0 Static Cord)*
- 1x 2m x10 kN accessory cord or Sterling Hollowblock 13.5”(recommend BD 6.0 Static Cord)*
- Knife on a carabiner (recommend Spyderco Ladybug H1 and Ange S)*
- First Aid Kit (recommend capability of dealing w minor bleeds, blisters, athletic tape)
- Siltarp (recommend RAB Guides Siltarp 2)
- SOL Emergency Sleeping Bag Sunglasses Sunscreen
- Water Bottle w Parka (recommend 1x wide mouth Nalgene and Thermos)
- Sleeping Bag -12C or colder (depending on how you sleep)
- Sleeping Pad (like Thermarest) Evazote 5mm
- Sunglasses Goggles Sunscreen
- Bowl Spoon Lighter Headlamp Battery Backup
- Camera – optional GPS or Smartphone w mapping app Compass
- Map of Freshfields

Group Gear

Ropes (minimum 2x 30m, more depending on number on team)
Tent(s) (depending on number on team), Kitchen Tent
3x MSR stoves White Gas (.75L per person per day)
Large Pot (for melting snow), Large GSI Bugaboo Pot Set
Kitchen Utensil Set (plastic), 2x Stove Board, Food, Emergency Food
3x Radios, inREACH, Sat Phone

*These items can be coordinated through PeakSTRATAGEM.
Please contact us in advance if you do not have your own.



PeakSTRATAGEM

PeakStratagem.com
info@peakstratagem.com